

# THE BARBADOS AMATEUR SWIMMING ASSOCIATION

Extends A Cordial Invitation  
To Swimmers Affiliated To Your Federation  
To Participate In The  
**2012 SCOTIA BANK LONG COURSE NATIONAL CHAMPIONSHIP**  
**MARCH 6-11, 2012**  
**AQUATIC CENTRE, WILDEY BARBADOS**

## **A FINA OLYMPIC QUALIFIER**

Events will be swum in the following age categories (female and male):  
8 & U, 9-10, 11-12, 13-14, 15-17, 18 -24 & 25 & over.

We attach an entry form (which may be copied as required) together with an order of events. The entry deadline is Friday, FEBRUARY 17, 2012. We ask that you kindly pass on this information to all of your affiliated swim clubs.

**1..POOL SPECIFICATIONS:** 10 LANE 50 M POOL WITH 25 M WARM  
DOWN FACILITY  
DAKTRONICS 10 LANE AUTOMATIC TIMING EQUIPMENT

### **2..SCHEDULE:**

Tuesday, March 6	Session 1 : Meet starts at 6:00 PM Warm up 4:30 PM
Wednesday, March 7	Session 2 :Meet starts at 6:00 PM Warm up 4:30 PM (Opening Ceremony) 5:45 PM
Thursday, March 8	Session 3: Meet starts at 6:00 PM Warm up 4:30 PM
Friday, March 9	Session 4: Meet starts at 6:00 PM Warm up 4:30 PM
Saturday, March 10	Session 5: Meet starts at 5:00 PM Warm up 3:30 PM
Sunday, March 11	Session 6: Meet starts at 5:00 PM Warm up 3:30 PM

### **3...COMPETITION RULES:**

The competition will be conducted in accordance with FINA Rules 2009-2013 in force at the start of the competition.

FINA rules applicable to approved swimwear effective January 1, 2010 will be enforced. Swimmers will not be allowed to compete in two swim suits.

Fina rule SW 4.4 –No false starts -shall be applied.

#### **3.1.. AGE GROUPS:**

##### **- Individual events**

8 & U, 9-10, 11-12, 13-14, 15-17; 18 -24; 25 & Over.

The Swimmer's age on December 31<sup>st</sup>, 2011 will determine the age group in which he/she is eligible to participate.

#### **3.2...REGISTRATION & ENTRIES:**

Each Club must submit a letter of sanction to the Meet Director from its Federation indicating that participating swimmers and the club are in good financial standing. Competitors must be registered swimmers with the Federation of the Country sanctioning their participation.

Entries must be made either on the accompanying ENTRY FORMS and sent via email to: [basa@caribsurf.com](mailto:basa@caribsurf.com) OR via [hytek](#) which is the preferred method. All entries must be returned to the Barbados Amateur Swimming Association by **Friday, February 17<sup>th</sup> 2012, the deadline date**. Summons, entry form and the hytek file will be posted on the BASA website.

The following rules shall apply to all entries:

- 1.. There shall be no restrictions on the number of events in which an individual competitor may participate.
- 4.. Heats will be announced and swimmers missing their respective heat will not be allowed to take part in that event.
- 5.. There shall be no preliminaries. All events are timed finals.
- 6...The pool will be opened 90 minutes before each session for warm-up.
- 7...The warm up routine will be an open lane format with sprinting taking place in lanes 1 & 8 starting from the stadium end of the pool 30 minutes before the end of the warm up period. Pace laps will take place in the inner lanes.
- 8... Swimmers desiring to swim exhibition events must make the entry on a separate entry form labeled EXHIBITION SWIM to be submitted on or before the deadline date.
- 9... Time trials will be allowed and must be requested on the prescribed time trial entry form at the beginning of each session each day.
9. .Ad hoc deck entries will not be accepted.

- 10.. Swimmers must report to the waiting area at least 4 heats before the event in which the swimmer has been entered. If the swimmer is not in the waiting area by the designated time a decision will be taken that the swimmer has scratched the event.
- 11 Scratches without penalty will be accepted on or before Monday, March 1 2012 sent via the internet or faxed to the Association signed by an authorised person.
- 12 **A scratch penalty fee of Bds 8.00/US\$4.00 must be paid after Thursday, March 1<sup>th</sup> 2012.**

### **3.3...Entry fees:**

**Entry fees are as follows:**

- (a) US\$2.00 per event

Overseas participants must pay entry fees on arrival. The Psyche sheet will be emailed to your address.

### **4 ...AWARDS:**

- 4.1 Medals will be awarded to the first three (3) swimmers in each event. Additionally medals for these places will be shared with local swimmers.

### **SCORING:**

Scoring shall be as follows:

First Place	-	9 points
Second Place	-	7 points
Third Place	-	6 points
Fourth Place	-	5 points
Fifth Place	-	4 points
Sixth Place	-	3 points
Seven Place	-	2 points
Eight Place	-	1 point

### **5...TECHNICAL OFFICIALS:**

The Barbados Amateur Swimming Association in conjunction with the affiliated Swim Clubs in Barbados will provide the Officials for the competition. Overseas clubs/Federations are invited to submit the names of any qualified persons willing to serve as Timers / Judges during the meet.

All meet officials are required to check in with the Meet Referee and Chief Timer one hour before the start of the competition.

Refreshment will be served to Meet Officials during the Competition.

## **6..TECHNICAL MEETING:**

A meeting with coaches and team managers from overseas will take place on the first day of the competition immediately after the warm up session to answer any queries or clarify issues pertaining to the conduct of the competition.

## **7..JURY OF APPEAL:**

The Jury of Appeal comprising three disinterested persons to adjudicate all appeals against a Referee's rejection of a protest will be formed out of the Staff & Council of the Association. All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the event, signed by an authorised officer of the participating Club/Federation and accompanied by US \$25.00. If the protest is upheld the fee will be returned to the authorised Officer.

## **8...REFRESHMENT:**

Food and drink will be available on the premises, throughout the meet.

## **9...CONTRIBUTIONS TO SWIMMING:**

Daily Session wrist band -BDS\$6.00 or US\$3.00 (Adults 11 yrs & over) inclusive of daily heat sheet.

Children: 10 years and under (daily wristband) – Bds \$ 3.00. US \$2.00

Additional heat sheets daily -BDS\$2.00 or US\$1.00

Results(Full)-BDS\$20.00 or US\$10.00

Souvenir Barbados swim caps Bds 9.00 or US\$5.00

**Travel arrangements and accommodation are the responsibility of individuals. The area code for Barbados is 246.**

## **10...ACCOMMODATION**

### **1)Sea Foam Haciendas**

246-435-7380

Fax:246-435-7384

Email: [seafoam@caribsurf.com](mailto:seafoam@caribsurf.com)

### **2) Dover Beach Hotel**

246-428-8076

fax: 246-428-2122

[email:resdover@caribsurf.com](mailto:resdover@caribsurf.com)

[website:www.doverbeach.com](http://www.doverbeach.com)

### 3) Coconut Court Hotel

246-427-1655/427-1656

Fax:246-428-5395

Email: [ccourt@sunbeach.net](mailto:ccourt@sunbeach.net)

Website: [www.coconut-court.com](http://www.coconut-court.com)

### 4)Barbados Beach Club

Tel:246-428-9900

Fax:428-8905

Email:[holidays@barbadosbeachclub.com](mailto:holidays@barbadosbeachclub.com)

### 5) Plum Tree Club-Rockley Golf Course

246-435-7606;246-435-9345

Fax: 246-435-8282; Toll free: 1-866-978-5007: email:[plumtree@rockley.com.bb](mailto:plumtree@rockley.com.bb)

Website: [www.rockley.com.bb](http://www.rockley.com.bb)

### 6) Worthing Court Hotel

246-435-7910/427-0785

Fax: 246-435-7374

### 11.. TRANSPORTATION:

Boyce's / Johsons's /Barbados Olympic Association

425-5366 / 426-5181/ 429-1998

*Information on the Scotia Bank Long Course National Championship maybe found on the website [www.swimbarbados.com](http://www.swimbarbados.com)*

Please note that you are required to shower before entering the pool and that swim caps must be worn by both male and female swimmers on all occasions when entering the pool.

We look forward to your participation in what promises to be a very exciting event.

(SEE ENTRY FORM BELOW)

# BARBADOS AMATEUR SWIMMING ASSOCIATION 2012 SCOTIA BANK LONG COURSE NATIONAL CHAMP A FINA OLYMPIC QUALIFIER

**March 6-11 2012- ENTRY FORM**

NAME \_\_\_\_\_ MALE ----- FEMALE-----  
(Circle one)

DATE OF \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ AGE ON \_\_\_\_\_  
BIRTH day mth year 31/12/11 yrs

FEDERATION/CLUB \_\_\_\_\_ CONTACT TEL# \_\_\_\_\_

**If you have no club affiliation put: UNAT Email.....**

**EMAIL:.....**

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Enter the event with a seed time. "Seed time" is a time you have achieved, **NOT** a time you hope to achieve. If you have no seed time, **enter NT**.

***Unrealistic or inaccurate seed times will be changed to NT.***

Complete and sign the entry form. Entry Forms must reach the Aquatic Centre, Wildey, Christ Church, Barbados on or before the deadline of 6:00pm on Friday, February 18, 2011. Entry fees are US \$2.00 per event. All fees must be paid on arrival.

**Late entries will NOT be accepted after the deadline date.**

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(CIRCLE THE APPROPRIATE AGE GROUP)

**8 & Under\*\*\*9&10**

50 Free	50 Fly	50 Back	50 Breast
100 Free	200 Free	200 I.M.	
100 FLY	100 Breast	100 Back	400 m free
<b>9-10 only</b>	<b>9-10 only</b>	<b>9-10 only</b>	<b>9-10 only</b>

**11&12 \*\* 13&14 \*\* 15&17 \*\* 18-24 \*\* 25&OVER**

50 Free	50 Fly	50 Back	50 Breast
100 Free	100 Fly	100 Back	100 Breast

200 Free	200 Fly	200 Back	200 Breast	200 I.M.
400 Free	400 I.M.	800 Free (Girls)	1500 Free (Boys)	

The Aquatic Centre shall not be responsible or liable for any loss, damage, injury, illness of any nature whatsoever or for the death of any person however caused or sustained or suffered whether directly or indirectly in connection with or arising from the use of any of the facilities at the Aquatic centre.

I agree to comply with the rules of participation outlined. \_\_\_\_\_

Signature of Competitor, Parent/or Guardian

Please note that parents/guardians are required to co-sign with Competitors under 18 years of age

**BARBADOS AMATEUR SWIMMING ASSOCIATION**  
**Scotia Bank Long Course Nationals**  
March 6-11 2012

Information Sheet

START TIME

Dates:	Session 1 - Tuesday, March 6	6:00pm
	Session 2 - Wednesday, March 7	6:00pm
	Session 3 - Thursday, March 8	6:00pm
	Session 4 - Friday, March 9	6:00pm
	Session 5 - Saturday, March 10	5:00pm
	Session 6 - Sunday, March 11	5:00pm

Age Groups: 8 & under, 9-10, 11 - 12 / 13 - 14 / 15 - 17 / 18-24/  
25 & Over- Male & Female

Entry Deadline: Friday: February 17, 2012 (late entries will NOT be accepted)

Team entry report will be emailed to you as soon as possible after deadline date. Please report any errors or omissions at that time.

Scratches without penalty may be submitted via email on or before Thursday, March 1 2012.

Entry Fee: US \$2.00 per event

Awards: Medals for 1,2,3, in each event. Positions shared with local swimmers. Points will be scored for each event, 1st place through 8th place. **A high point trophy will be given to the male and female non national scoring the highest number of points in the competition.**

NOTE: The 800M & 1500M Freestyle & 400 M IM events will be swum as Open events and medals & points will be awarded within each age group.

The pool will be opened for warm up from 90 minutes before the start of the competition.

**THE SCOTIA BANK LONG COURSE NATIONAL CHAMPIONSHIP 2012**  
**MARCH 6th - 11TH 2012**  
**ORDER OF EVENTS**

**SESSION 1---- 'TUESDAY, MARCH 6 th - START TIME 6:00 PM                    WARM UP 4:30 PM**

EVENT #	EVENT NAME	SEX	AGE GROUP	STATUS	ROUND
EVENT 1	100 M BUTTERFLY	GIRLS	9-10		FINALS
EVENT 2	100 M BUTTERFLY	BOYS	9-10		FINALS
EVENT 3	800 M FREESTYLE	GIRLS	11 & OVER	OPEN	FINALS
EVENT 4	1500 M FREESTYLE	BOYS	11 & OVER	OPEN	FINALS

**SESSION 2-- 'WEDNESDAY, MARCH 7 th - START TIME 6:00 PM                    WARM UP 4:30 PM**

EVENT 5	200 M IND MEDLEY	GIRLS	11-12		FINALS
EVENT 6	200 M IND MEDLEY	BOYS	11-12		FINALS
EVENT 7	50 M BUTTERFLY	GIRLS	8 & UNDER		FINALS
EVENT 8	50 M BUTTERFLY	BOYS	8 & UNDER		FINALS
EVENT 9	50 M BUTTERFLY	GIRLS	9-10		FINALS
EVENT 10	50 M BUTTERFLY	BOYS	9-10		FINALS
-----INTERMISSION 5 MINUTES-----'					
EVENT 11	100 M BUTTERFLY	GIRLS	11-12		FINALS
EVENT 12	100 M BUTTERFLY	BOYS	11-12		FINALS
EVENT 13	100 M BUTTERFLY	GIRLS	13-14		FINALS
EVENT 14	100 M BUTTERFLY	BOYS	13-14		FINALS
EVENT 15	100 M BUTTERFLY	GIRLS	15-17		FINALS
EVENT 16	100 M BUTTERFLY	BOYS	15-17		FINALS
EVENT 17	100 M BUTTERFLY	GIRLS	18-24		FINALS
EVENT 18	100 M BUTTERFLY	BOYS	18-24		FINALS
EVENT 19	100 M BUTTERFLY	WOMEN	25 & OVER		FINALS
EVENT 20	100 M BUTTERFLY	MEN	25 & OVER		FINALS
EVENT 21	200 M FREESTYLE	GIRLS	9-10		FINALS
EVENT 22	200 M FREESTYLE	BOYS	9-10		FINALS
EVENT 23	200 M FREESTYLE	GIRLS	11-12		FINALS
EVENT 24	200 M FREESTYLE	BOYS	11-12		FINALS
EVENT 25	200 M FREESTYLE	GIRLS	13-14		FINALS
EVENT 26	200 M FREESTYLE	BOYS	13-14		FINALS
EVENT 27	200 M FREESTYLE	GIRLS	15-17		FINALS
EVENT 28	200 M FREESTYLE	BOYS	15-17		FINALS
EVENT 29	200 M FREESTYLE	GIRLS	18 -24		FINALS
EVENT 30	200 M FREESTYLE	BOYS	18 -24		FINALS
EVENT 31	200 M FREESTYLE	WOMEN	25 & OVER		FINALS
EVENT 32	200 M FREESTYLE	MEN	25 & OVER		FINALS

**SESSION 3-- THURSDAY, MARCH 8TH    START TIME 6:00 PM                    WARM UP 4:30 PM**

EVENT 33	400 M IND MEDLEY	GIRLS	11 & OVER	OPEN	FINALS
EVENT 34	400 M IND MEDLEY	BOYS	11& OVER	OPEN	FINALS
EVENT 35	100 M FREESTYLE	GIRLS	8 & UNDER		FINALS
EVENT 36	100 M FREESTYLE	BOYS	8 & UNDER		FINALS
EVENT 37	100 M FREESTYLE	GIRLS	9-10		FINALS
EVENT 38	100 M FREESTYLE	BOYS	9-10		FINALS
-----INTERMISSION 10 MINUTES-----'					
EVENT 39	100 M FREESTYLE	GIRLS	11-12		FINALS
EVENT 40	100 M FREESTYLE	BOYS	11-12		FINALS
EVENT 41	100 M FREESTYLE	GIRLS	13-14		FINALS
EVENT 42	100 M FREESTYLE	BOYS	13-14		FINALS
EVENT 43	100 M FREESTYLE	GIRLS	15-17		FINALS
EVENT 44	100 M FREESTYLE	BOYS	15-17		FINALS
EVENT 45	100 M FREESTYLE	GIRLS	18 -24		FINALS
EVENT 46	100 M FREESTYLE	BOYS	18 -24		FINALS
EVENT 47	100 M FREESTYLE	WOMEN	25 & OVER		FINALS
EVENT 48	100 M FREESTYLE	MEN	25 & OVER		FINALS
EVENT 49	50 M BACKSTROKE	GIRLS	11-12		FINALS
EVENT 50	50 M BACKSTROKE	BOYS	11-12		FINALS
EVENT 51	50 M BACKSTROKE	GIRLS	13-14		FINALS
EVENT 52	50 M BACKSTROKE	BOYS	13-14		FINALS
EVENT 53	50 M BACKSTROKE	GIRLS	15-17		FINALS
EVENT 54	50 M BACKSTROKE	BOYS	15-17		FINALS
EVENT 55	50 M BACKSTROKE	GIRLS	18 -24		FINALS
EVENT 56	50 M BACKSTROKE	BOYS	18 -24		FINALS
EVENT 57	50 M BACKSTROKE	WOMEN	25 & OVER		FINALS
EVENT 58	50 M BACKSTROKE	MEN	25 & OVER		FINALS
EVENT 59	100 M BACKSTROKE	GIRLS	9-10		FINALS
EVENT 60	100 M BACKSTROKE	BOYS	9-10		FINALS

**THE SCOTIA BANK LONG COURSE NATIONAL CHAMPIONSHIP 2012**  
**MARCH 6th - 11TH 2012**  
**ORDER OF EVENTS**

<b>SESSION 4 FRIDAY, MARCH 9TH</b>		<b>START TIME 6:00 PM</b>		<b>WARM UP 4:30 PM</b>
EVENT 61	200 M FREESTYLE	GIRLS	8 & UNDER	FINALS
EVENT 62	200 M FREESTYLE	BOYS	8 & UNDER	FINALS
EVENT 63	400 M FREESTYLE	GIRLS	9-10	FINALS
EVENT 64	400 M FREESTYLE	BOYS	9-10	FINALS
EVENT 65	400 M FREESTYLE	GIRLS	11-12	FINALS
EVENT 66	400 M FREESTYLE	BOYS	11-12	FINALS
EVENT 67	400 M FREESTYLE	GIRLS	13-14	FINALS
EVENT 68	400 M FREESTYLE	BOYS	13-14	FINALS
EVENT 69	400 M FREESTYLE	GIRLS	15-17	FINALS
EVENT 70	400 M FREESTYLE	BOYS	15-17	FINALS
EVENT 71	400 M FREESTYLE	GIRLS	18 -24	FINALS
EVENT 72	400 M FREESTYLE	BOYS	18 - 24	FINALS
EVENT 73	400 M FREESTYLE	WOMEN	25 & OVER	FINALS
EVENT 74	400 M FREESTYLE	MEN	25 & OVER	FINALS
EVENT 75	50 M BREASTROKE	GIRLS	8 & UNDER	FINALS
EVENT 76	50 M BREASTROKE	BOYS	8 & UNDER	FINALS
EVENT 77	50 M BREASTROKE	GIRLS	9-10	FINALS
EVENT 78	50 M BREASTROKE	BOYS	9-10	FINALS
EVENT 79	200 M BUTTERFLY	GIRLS	11-12	FINALS
EVENT 80	200 M BUTTERFLY	BOYS	11-12	FINALS
EVENT 81	200 M BUTTERFLY	GIRLS	13-14	FINALS
EVENT 82	200 M BUTTERFLY	BOYS	13-14	FINALS
EVENT 83	200 M BUTTERFLY	GIRLS	15-17	FINALS
EVENT 84	200 M BUTTERFLY	BOYS	15-17	FINALS
EVENT 85	200 M BUTTERFLY	GIRLS	18 -24	FINALS
EVENT 86	200 M BUTTERFLY	BOYS	18 -24	FINALS
EVENT 87	200 M BUTTERFLY	WOMEN	25 & OVER	FINALS
EVENT 88	200 M BUTTERFLY	MEN	25 & OVER	FINALS
<b>-----INTERMISSION --10 MINUTES-----'</b>				FINALS
EVENT 89	50 M BREAST STROKE	GIRLS	11-12	FINALS
EVENT 90	50 M BREAST STROKE	BOYS	11-12	FINALS
EVENT 91	50 M BREAST STROKE	GIRLS	13-14	FINALS
EVENT 92	50 M BREAST STROKE	BOYS	13-14	FINALS
EVENT 93	50 M BREAST STROKE	GIRLS	15-17	FINALS
EVENT 94	50 M BREAST STROKE	BOYS	15-17	FINALS
EVENT 95	50 M BREAST STROKE	GIRLS	18 -24	FINALS
EVENT 96	50 M BREAST STROKE	BOYS	18 -24	FINALS
EVENT 97	50 M BREAST STROKE	WOMEN	25 & OVER	FINALS
EVENT 98	50 M BREAST STROKE	MEN	25 & OVER	FINALS

**THE SCOTIA BANK LONG COURSE NATIONAL CHAMPIONSHIP 2012**  
**MARCH 6th - 11TH 2012**  
**ORDER OF EVENTS**

**SESSION 5 SATURDAY, MARCH 10TH    START TIME 5:00 PM    \*WARM UP 3:30 PM**

EVENT 99	200 M IND MEDLEY	GIRLS	8 & UNDER	FINALS
EVENT 100	200 M IND MEDLEY	BOYS	8 & UNDER	FINALS
EVENT 101	200 M IND MEDLEY	GIRLS	9-10	FINALS
EVENT 102	200 M IND MEDLEY	BOYS	9-10	FINALS
EVENT 103	200 M BREAST STROKE	GIRLS	11-12	FINALS
EVENT 104	200 M BREAST STROKE	BOYS	11-12	FINALS
EVENT 105	200 M BREAST STROKE	GIRLS	13-14	FINALS
EVENT 106	200 M BREAST STROKE	BOYS	13-14	FINALS
EVENT 107	200 M BREAST STROKE	GIRLS	15-17	FINALS
EVENT 108	200 M BREAST STROKE	BOYS	15-17	FINALS
EVENT 109	200 M BREAST STROKE	GIRLS	18 - 24	FINALS
EVENT 110	200 M BREAST STROKE	BOYS	18 - 24	FINALS
EVENT 111	200 M BREAST STROKE	WOMEN	25 & OVER	FINALS
EVENT 112	200 M BREAST STROKE	MEN	25 & OVER	FINALS
EVENT 113	50 M BACK STROKE	GIRLS	8 & UNDER	FINALS
EVENT 114	50 M BACKSTROKE	BOYS	8 & UNDER	FINALS
EVENT 115	50 M BACKSTROKE	GIRLS	9-10	FINALS
EVENT 116	50 M BACKSTROKE	BOYS	9-10	FINALS
EVENT 117	100 M BACK STROKE	GIRLS	11-12	FINALS
EVENT 118	100 M BACK STROKE	BOYS	11-12	FINALS
EVENT 119	100 M BACK STROKE	GIRLS	13-14	FINALS
EVENT 120	100 M BACK STROKE	BOYS	13-14	FINALS
EVENT 121	100 M BACK STROKE	GIRLS	15-17	FINALS
EVENT 122	100 M BACK STROKE	BOYS	15-17	FINALS
EVENT 123	100 M BACK STROKE	GIRLS	18 - 24	FINALS
EVENT 124	100 M BACK STROKE	BOYS	18 - 24	FINALS
EVENT 125	100 M BACK STROKE	MASTERS F	25 & OVER	FINALS
EVENT 126	100 M BACK STROKE	MASTERS M	25 & OVER	FINALS
EVENT 127	200 IND MEDLEY	GIRLS	13-14	FINALS
EVENT 128	200 IND MEDLEY	BOYS	13-14	FINALS
EVENT 129	200 IND MEDLEY	GIRLS	15-17	FINALS
EVENT 130	200 IND MEDLEY	BOYS	15-17	FINALS
EVENT 131	200 IND MEDLEY	GIRLS	18 - 24	FINALS
EVENT 132	200 IND MEDLEY	BOYS	18 - 24	FINALS
EVENT 133	200 IND MEDLEY	MASTERS F	25 & OVER	FINALS
EVENT 134	200 IND MEDLEY	MASTERS M	25 & OVER	FINALS
EVENT 135	50 M BUTTERFLY	GIRLS	11-12	FINALS
EVENT 136	50 M BUTTERFLY	BOYS	11-12	FINALS
EVENT 137	50 M BUTTERFLY	GIRLS	13-14	FINALS
EVENT 138	50 M BUTTERFLY	BOYS	13-14	FINALS
EVENT 139	50 M BUTTERFLY	GIRLS	15-17	FINALS
EVENT 140	50 M BUTTERFLY	BOYS	15-17	FINALS
EVENT 141	50 M BUTTERFLY	GIRLS	18 - 24	FINALS
EVENT 142	50 M BUTTERFLY	BOYS	18 - 24	FINALS
EVENT 143	50 M BUTTERFLY	WOMEN	25 & OVER	FINALS
EVENT 144	50 M BUTTERFLY	MEN	25 & OVER	FINALS

**THE SCOTIA BANK LONG COURSE NATIONAL CHAMPIONSHIP 2012**  
**MARCH 6th - 11TH 2012**  
**ORDER OF EVENTS**

**SESSION 6 SUNDAY, MARCH 11TH START TIME 5:00 PM WARM UP 3:30 PM**

EVENT 145	200 M BACK STROKE	GIRLS	11-12	FINALS
EVENT 146	200 M BACK STROKE	BOYS	11-12	FINALS
EVENT 147	200 M BACK STROKE	GIRLS	13-14	FINALS
EVENT 148	200 M BACK STROKE	BOYS	13-14	FINALS
EVENT 149	200 M BACK STROKE	GIRLS	15-17	FINALS
EVENT 150	200 M BACK STROKE	BOYS	15-17	FINALS
EVENT 151	200 M BACK STROKE	GIRLS	18 - 24	FINALS
EVENT 152	200 M BACK STROKE	BOYS	18 -24	FINALS
EVENT 153	200 M BACK STROKE	WOMEN	25 & OVER	FINALS
EVENT 154	200 M BACK STROKE	MEN	25 & OVER	<b>FINALS</b>
<b>EVENT 155</b>	<b>100 M BREASTSTROKE</b>	<b>GIRLS</b>	<b>9-10</b>	<b>FINALS</b>
<b>EVENT 156</b>	<b>100 M BREASTSTROKE</b>	<b>BOYS</b>	<b>9-10</b>	FINALS
EVENT 157	100 M BREAST STROKE	GIRLS	11-12	FINALS
EVENT 158	100 M BREAST STROKE	BOYS	11-12	FINALS
EVENT 159	100 M BREAST STROKE	GIRLS	13-14	FINALS
EVENT 160	100 M BREAST STROKE	BOYS	13-14	FINALS
EVENT 161	100 M BREAST STROKE	GIRLS	15-17	FINALS
EVENT 162	100 M BREAST STROKE	BOYS	15-17	FINALS
EVENT 163	100 M BREAST STROKE	GIRLS	18 - 24	FINALS
EVENT 164	100 M BREAST STROKE	BOYS	18 - 24	FINALS
EVENT 165	100 M BREAST STROKE	WOMEN	25 & OVER	FINALS
EVENT 166	100 M BREAST STROKE	MEN	25 & OVER	FINALS
EVENT 167	50 M FREESTYLE	GIRLS	8 & UNDER	FINALS
EVENT 168	50 M FREESTYLE	BOYS	8 & UNDER	FINALS
EVENT 169	50 M FREESTYLE	GIRLS	9-10	FINALS
EVENT 170	50 M FREESTYLE	BOYS	9-10	FINALS
EVENT 171	50 M FREESTYLE	GIRLS	11-12	FINALS
EVENT 172	50 M FREESTYLE	BOYS	11-12	FINALS
EVENT 173	50 M FREESTYLE	GIRLS	13-14	FINALS
EVENT 174	50 M FREESTYLE	BOYS	13-14	FINALS
EVENT 175	50 M FREESTYLE	GIRLS	15-17	FINALS
EVENT 176	50 M FREESTYLE	BOYS	15-17	FINALS
EVENT 177	50 M FREESTYLE	GIRLS	18 - 24	FINALS
EVENT 178	50 M FREESTYLE	BOYS	18 - 24	FINALS
EVENT 179	50 M FREESTYLE	WOMEN	25 & OVER	FINALS
EVENT 180	50 M FREESTYLE	MEN	25 & OVER	FINALS

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